The Children, Youth, & Family Division provides a comprehensive system of care for youth experiencing emotional, behavioral, developmental, or substance use difficulties, as well as education and support for their family members. Through psychiatric and counseling services, case management, school-based services, a crisis program, and intensive family services, we help ensure that these children live in safe and supportive families.

“The best part of HCRS Children, Youth, and Family services is how helpful the process has been and how this has changed our lives for the better.”

HEALTH CARE & REHABILITATION SERVICES is a private, nonprofit community mental health and developmental services center serving residents of Windham and Windsor counties.

OUR MISSION is to provide creative, collaborative, and compassionate health care services that are responsive to the needs of our communities.

WE ENVISION a community where people are inspired, empowered, and supported to lead healthy and meaningful lives.

To Access Services
Springfield area: 855.220.9429
Brattleboro area: 855.220.9428
Hartford area: 855.220.9430
For details on all HCRS programs, visit www.hcrs.org

Accredited by the Joint Commission
HCRS’ Children, Youth, and Family Program staff are trained professionals who help children and families cope with emotional, behavioral, and developmental challenges and assist young people in developing to their full potential. Our programs are designed to help prevent or intervene as early as possible in the lives of those we serve. Services are provided in our offices, in the community, in local schools, and in client’s homes. We work in collaboration with many community partners to ensure that families thrive.

OUTPATIENT AND COMMUNITY-BASED SERVICES

HCRS offers comprehensive outpatient and community-based services designed to help families address their mental health, developmental, and behavioral needs. Supportive services may include counseling, family therapy, psychiatry, case management, day or overnight respite support, and other specialized services to meet the unique needs of your situation. When families have complex needs, HCRS can often help facilitate group meetings through a Coordinated Services Plan or through the Local Interagency Team to coordinate services. Children and youth who may have a developmental disability access support services through Operation Kids – a collaboration between our Children’s Mental Health and Developmental Services Programs.

SCHOOL-BASED SERVICES

Many of the services that we provide are offered through contracts with schools in Windham and Windsor counties. In many school districts, HCRS clinicians and behavioral interventionists provide clinical assessments, counseling, psycho-education, and case management, and behavioral supports.

EARLY CHILDHOOD AND FAMILY MENTAL HEALTH

The Early Childhood and Family Mental Health program is designed to provide support to families with children from birth to age six where there may be emotional or behavioral needs. We also work with pre-school and childcare organizations, offering training and consultation around how to build positive supports and relationships with each child and their family.

COLLABORATION WITH DEPARTMENT FOR CHILDREN AND FAMILIES

HCRS works closely with the Vermont Department for Children and Families to provide parent education, training, and support to families with the goal of helping them find safe solutions to problems so that they can remain together or be re-united with their children.

TRANSITION AGE SERVICES

Teens and young adults experience significant pressures growing up and may need support and treatment for emotional, behavioral, or addictions issues. HCRS Transition Age Services are designed to address the unique developmental needs of this age group with the goal of preparing them to successfully transition into the adult world.

KINDLE FARM SCHOOL

An independent school providing an educational program for students at risk in grades 2-12. Through a combination of diverse activities, strong supervision, and guidance, students discard old patterns and discover new ways to communicate, problem-solve, and learn more effectively.

“‐ Parent of client

Brattleboro area: (855) 220-9428 • Springfield area: (855) 220-9429 • Hartford area: (855) 220-9430
Website www.hcrs.org (for more information about all HCRS programs)