

HCRS

ADULT MENTAL HEALTH, DRUG & ALCOHOL SERVICES

are available to adult residents of Windham and Windsor counties. Services include outpatient mental health counseling, a comprehensive drug and alcohol treatment program, a 24-hour crisis services team, elder care mental health services, peer support services, and a residential services continuum.



HEALTH CARE & REHABILITATION SERVICES

is a private, nonprofit community mental health and developmental services center serving residents of Windham and Windsor counties.

OUR MISSION is to provide creative, collaborative, and compassionate health care services that are responsive to the needs of our communities.

WE ENVISION a community where people are inspired, empowered, and supported to lead healthy and meaningful lives.



HCRS

HEALTH CARE & REHABILITATION SERVICES
OF SOUTHEASTERN VERMONT

To Access Services

Springfield area: 855.220.9429

Brattleboro area: 855.220.9428

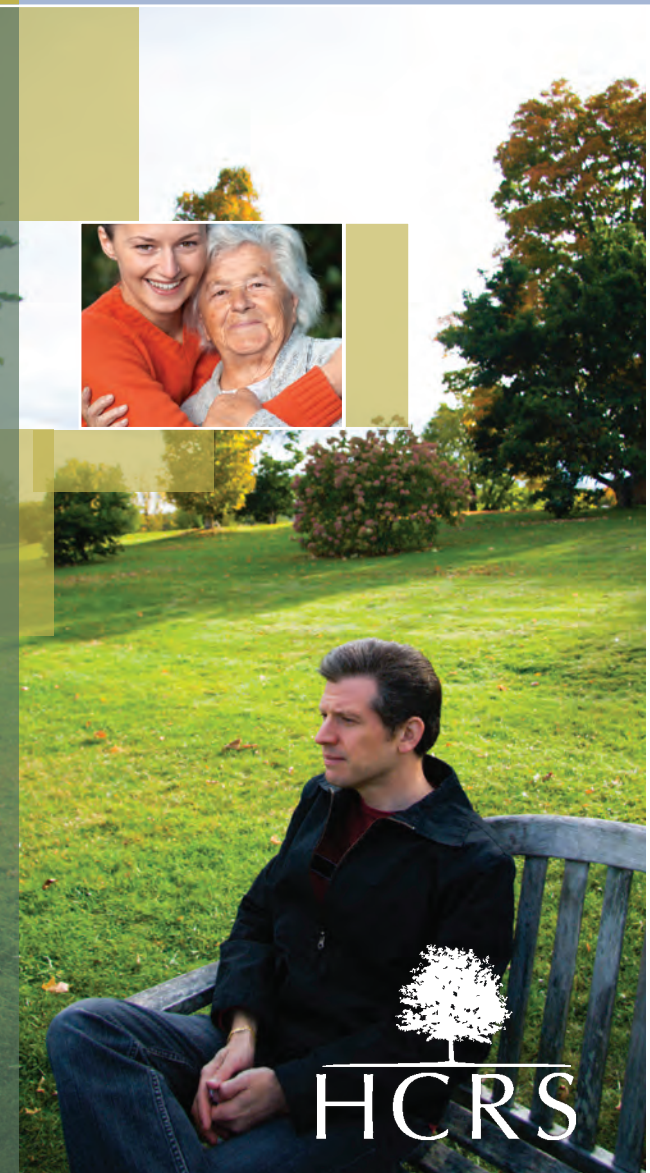
Hartford area: 855.220.9430

For details on all HCRS programs, visit

www.hcrs.org

Accredited by the Joint Commission

ADULT MENTAL HEALTH, DRUG, & ALCOHOL SERVICES



*"There is a very good team of
folks here."*

– HCRS Client

*"I like the friendliness and how
quick they respond to people's
needs."*

– Client

HCRS

ADULT MENTAL HEALTH, DRUG, & ALCOHOL SERVICES

HCRS' Adult Mental Health, Drug, & Alcohol Services offers integrated treatment programs designed to address the challenges of people with mental health and/or substance use issues in order that they may achieve life goals. HCRS offers a variety of creative, innovative programs in collaboration with community partners. Programs range from brief walk-in services for individuals with short-term problems to more intensive treatment for those with more severe challenges.



INTEGRATING MENTAL HEALTH AND SUBSTANCE ABUSE TREATMENT

– *Treating the Whole Person* –

The professional staff at HCRS offer individual, group, family and couples therapy, case management, community supports, psychiatry, and employment services for those experiencing a wide variety of mental health and/or substance use difficulties. We work with each client to develop an individualized, holistic treatment plan based on their specific needs.

Specific programs include:

- **Walk-in clinics** to brainstorm solutions to short-term problems and provide referral to services to address longer-term issues.
- **Crash Program** offered at our Springfield and Hartford locations for those whose driving privileges have been suspended because of an alcohol or drug related offense.
- **Intensive Outpatient Program** which offers a more intensive level of substance abuse and co-occurring services.
- **Elder Care Program**, a collaboration with Senior Solutions, offering mental health services for people age 60 and older who suffer from depression, anxiety, and other mental health issues.

- **Court Programs**, a collaboration with the court and human services systems in Windsor county providing treatment for those individuals involved with the criminal justice system and facing unmet social service needs.
- **Community Rehabilitation & Treatment (CRT) Services** available for adults with severe mental challenges designed to increase their capacity to remain in the community.
- **Residential Services** are available to adults with severe challenges; therapeutic community residences provide a transition to independent living and a crisis stabilization program provides a short term alternative to psychiatric hospitalization.
- **Peer Support Services**, a team of specialists provide support and advocacy across Adult Services.

CRISIS SERVICES

Specially trained mental health professionals are available 24/7 to respond to emergencies through the crisis hotline (800-622-4235).

- **Crisis Care Centers** – facilities designed to provide focused, solution-oriented crisis intervention services to individuals in mental health crisis who might otherwise have gone to hospital emergency rooms.
- **Police Social Work Program**, a collaboration with local law enforcement to help people connect with needed services.

“HCRS is helping me to handle a wide variety of issues.” – Client

Springfield area: 855-220-9429 • Brattleboro area: 855-220-9428 • Hartford area: 855-220-9430
Crisis/Emergency 24-Hour Hotline 1-800-622-4235 • Website www.hcrs.org (for more information about all HCRS programs)